

Helsinki

# Welcome to the playground!

Playground activities  
are free of charge!



## Playgrounds in Helsinki

are dotted all around the city, close to families. The City's network of over 70 public playgrounds and family houses is accessible by both private and public transport. Playgrounds offer a safe place to spend time for families with children and babies as well as schoolchildren. Playgrounds also organise a variety of instructed outdoor and indoor activities for families with babies and children and schoolchildren. In addition to a playing field and climbing frames, playgrounds also include indoor facilities and often feature paddling pools for summer use. Playgrounds are generally open on weekdays 9.00–17.00. Opening hours may differ between playgrounds.

## Further information

- [www.hel.fi/en/childhood-and-education/playgrounds-and-family-houses](http://www.hel.fi/en/childhood-and-education/playgrounds-and-family-houses)
- [tapahtumat.hel.fi/en](http://tapahtumat.hel.fi/en)
- Facebook and Instagram pages for playgrounds
- Noticeboards in playgrounds

Download the free-of-charge **Leikkipuistot application** on your phone to view a map of all of the City's public playgrounds and access information on their equipment, facilities and operations.



### Activities for families with babies and children

Activities include shared moments between children and their parents involving music, art, play, physical activity and spending time together. Supervised sessions for families are organised in the mornings. At playgrounds, children can find new friends to play with and the parents can meet other families with children.



### Clubs

Clubs organised by open early childhood education offer free-of-charge activities for a few hours per day on 2–3 days a week for 2–4-year-olds. At the clubs, children get to experience being part of a group and have a chance to participate in a variety of pedagogical activities through outdoor recreation, exercise, playing and art.



## Infant family guidance

Playgrounds organise infant family guidance as a follow-up to the child health clinic's family training.

There are three themed guidance meetings:

- Being with the baby – what is early interaction?
- Coping with everyday life – being a parent
- The baby's daily routine

The meetings have the same content at all locations.



## Finnish language café Tänään tavataan

The operations of the Tänään tavataan café promote encounters between families with different languages and cultural backgrounds, joint activities and conversations in Finnish in a pleasant and unhurried atmosphere. The adults get to know more about each other and the children can find new friends to play with.



## Family houses

Family houses organise various activities, courses and groups for parents and children in the mornings and afternoons.



## Basic education after-school activities

Basic education after-school activities are arranged for 1st and 2nd grade comprehensive school pupils and special support pupils. After-school activities offer children meaningful activities in a safe environment after the school day. After-school activities are subject to a fee, must be applied for separately and include a snack and insurance.



## Activities during school breaks

During school holidays (autumn, Christmas, winter and summer holidays), the playgrounds organise open supervised activities free of charge and some playgrounds also organise day camps.



## Summer at playgrounds

In the summertime, the playgrounds of Helsinki provide families with children and schoolchildren with enjoyable and diverse activities, instructed activity sessions and various events in a safe environment. Free-of-charge summer meals are made available to children under the age of 16. The playground staff are there for the children and their families. Playgrounds are open on weekdays, the activities are free of charge, and you do not need to sign up for them.



“It’s great for young schoolchildren to be able to spend their afternoons safely while having fun at their local playground.”

“We rented playground facilities for our child’s birthday party. The fee was affordable and we didn’t need to stress over cleaning our home afterwards. Ask your local playground for more information.”

“The playground is our family’s lifeline and living room.”

