

## The services of the Kalasatama Health and Well-being Centre

The Kalasatama Health and Well-being Centre will open on Monday 5 February at **Työpajankatu 14 A** (PO Box 6420, 00099 City of Helsinki).

The Health and Well-being Centre will be **open weekdays 7:00–20:00**.

### Health station services

Contact electronically ([asiointi.hel.fi](mailto:asiointi.hel.fi)), by calling your designated contact person (phone numbers will remain the same), by calling the health station services number 09 310 50333 or by visiting the Centre in person.

### Adult social work

Appointment booking on weekdays 9:00–11:00 and 12:00–14:00 (team 1, tel. 09 310 44949 and 040 575 8198 and team 2, tel. 09 310 24301 and 040 637 2893).

### Young people's social work

Appointment booking on weekdays 9:00–11:00 and 12:00–14:00 (team 1, tel. 09 310 24781 and 040 667 1631 and team 2, tel. 09 310 44253 and 040 334 4382).

### Oral health care

Appointment booking weekdays 8:00–15:00, tel. 09 310 51400.

### Psychiatric and substance abuse services

Clients are referred to psychiatric services via primary health care, for urgent matters call tel. 09 310 50777.

Substance abuse services are available by referral or without an appointment on weekdays 9:00–11:00, help line weekdays 12:00–16:00, tel. 09 310 42947.

### Physiotherapy and occupational therapy

Physiotherapy information and appointment booking weekdays 8:00–15:00, tel. 09 310 67000.

Occupational therapy information line Tue 16:00–17:30, tel. 09 310 32249, for informal carers Tue 8:30–10:00, tel. 09 310 75217

### Services for the disabled

Employee phone numbers will remain the same.

### Social welfare counselling

Reception without an appointment, weekdays 9:00–16:00 and Wed 16:00–18:00 (tel. 09 310 24528, 09 310 24325, 09 310 46820, 09 310 44472).

### Housing consultation

Service numbers 09 310 44012, 09 310 44014.

### **Centralised contraceptive advice**

Information and appointment booking weekdays 8:00–14:00, Fri 8:00–12:00, tel. 09 310 45566.

### **Tobacco Addiction Clinic**

For more information on services, please call 040 7549686.

### **Senior Info**

Service counselling for the elderly on-site Wed 12:00–16:00.

### **Immigration Unit**

Social work help line weekdays 8:15–12:00 and 13:00–16:00, tel. 09 310 37577, [mayk@hel.fi](mailto:mayk@hel.fi).

### **Laboratory (HUSLAB)**

Information and appointment booking weekdays 7:30–15:30, tel. 09 471 86800. By appointment or queue number Mon–Thu 7:00–18:00 and Fri 7:00–16:00. The laboratory has its own automatic queue number system.

**PLEASE NOTE! When you arrive at the Health and Well-being Centre, please register using one of the automated self-registration machines, which will then provide you with further instructions. We will be happy to assist you if necessary.**

## **The following are being transferred to Kalasatama**

- Herttoniemi Health Station (maternity and child health clinic services have already been transferred to the Itäkatu Family Centre)
- Kallio Health Station (the maternity and child health clinic will remain in Kallio)
- Vallila Health Station (the maternity and child health clinic will remain in Vallila)
- Adult social work in the Kallio Office Building
- Young people's social work on Malminkatu
- Dental clinic at Herttoniemi Health Station
- Dental clinic at Kallio Health Station
- Dental clinic at Vallila Health Station
- Sofianlehto dental clinic
- Southern psychiatric outpatient clinic in Kivelä
- Southern psychiatric outpatient clinic on Sturenkatu
- Hämeentie substance abuse outpatient clinic
- Substitution Therapy Assessment Clinic on Nordenskiöldinkatu
- Herttoniemi occupational therapy
- Kallio outpatient physiotherapy
- Southern social work for the disabled
- Social welfare counselling in the Kallio Office Building
- Kallio area housing consultation
- The Tobacco Addiction Clinic at Kallio Health Station
- Centralised contraceptive advice at Kallio Health Station
- The Immigration Unit on Dagmarinkatu and Lääkärinkatu
- HUSLAB's laboratory services in Herttoniemi, Kallio and Vallila

The aforementioned services will no longer be provided at their previous addresses once the services have moved to Kalasatama Health and Well-being Centre.

**See you in Kalasatama!**